

Who Can Benefit From PHP or IOP?

Children, Adolescents and Adults experiencing symptoms or conditions that impair daily functioning, such as

- Severe depression
- Severe mood swings
- Disordered or bizarre thought processes
- High risk behavior
- Extremely disruptive behavior
- Disturbed relationships with family or friends
- Inability to function adequately at work, school or home
- Recently discharged from inpatient care and/or requiring ongoing structure and monitoring
- Not responding to active outpatient care

And who are

- Medically stable
- Able to live at home where the family is able and willing to provide a limited degree of support when the patient is outside of the treatment setting during evenings and weekends
- Not in immediate danger of harming themselves or others (would require Inpatient Hospitalization)

Needs Assessments

It all starts with a phone call...

Free Needs Assessments are offered to everybody seeking psychiatric services at PrairieCare. A parent, teacher, counselor, physician, or friend can call our toll free number 24/7 to schedule a free Needs Assessment. A counselor will help determine the best service for the potential patient. Please call 888-9-PRAIRIE.

**If you don't get help at Prairie,
please get help somewhere.**



Inpatient Services

Maple Grove, MN Coming Soon Fall 2010
Mental Illness—Children, Adolescents
Co-Occurring Disorders—Adolescents



Partial Hospital Programs

Edina, MN Mental Illness—Children, Adolescents
Woodbury, MN Mental Illness—Children, Adolescents



Intensive Outpatient Programs

Edina, MN Mental Illness—Children, Adolescents
Woodbury, MN Mental Illness—Children, Adolescents, Adults



Clinic Services

Edina, MN Children, Adolescents, Adults
Woodbury, MN Children, Adolescents, Adults

Edina, MN
6545 France Ave S, Suite 302
Edina, MN 55435

PHP and Clinic: 952.230.9100

Woodbury, MN
7616 Currell Blvd.
Woodbury, MN 55125

PHP: 651.259.9700
Clinic: 651.259.9710

Co-Occurring Disorders involve both Mental Illness and Chemical Dependency

To learn more, please call us:

Toll Free 888-9-PRAIRIE
www.prairie-care.com

We Can Help

adults

adolescents

children



PRAIRIECARE

Offering Hope and Healing
to Those Suffering from Psychiatric Conditions and Addictions

Partial Hospitalization Program (PHP)

Partial Hospitalization Program provides multidisciplinary treatment through group, individual, and family therapy sessions. Patients remain at home while receiving intensive treatment.

Partial Hospital Program (PHP) hours

- Children and Adolescents:
8:45 a.m. to 3:45 p.m.
Monday through Friday

Length of stay

- Averages 3 to 5 weeks

Services are provided by the following professionals

- Psychiatrists
- Psychologists
- Therapists
- Social Workers
- Nurses

Treatment is provided through the following ways

- Psychiatric Medication Management
- Psychoeducation
- Group and Individual Therapy
- Skills Building
- Symptom Management
- Spirituality
- Schooling Provided by Licensed Teacher

Intensive Outpatient Program (IOP)

Intensive Outpatient Program is designed for patients who need organized treatment services, but are able to do this within the context of their usual environment and daily activities. Individual and family therapy can also be provided at this level of care and can be arranged by a therapist at one of our clinic locations.

Intensive Outpatient Program (IOP) Hours

- Children and Adolescents:
3 hours a day, scheduled between
8:45 a.m. and 3:45 p.m.
3 to 5 days a week, Monday through Friday
- Adults:
9:30 a.m. to 12:30 p.m.
3 to 5 days a week, Monday through Friday

Length of stay

- Averages 4 to 8 weeks

Services are provided by the following professionals

- Psychiatrists
- Therapists
- Social Workers
- Nurses

Treatment is provided through the following ways

- Psychiatric Medication Management
- Psychoeducation
- Group and Individual Therapy
- Skills Building
- Symptom Management

Individual psychiatry and therapy can be scheduled in addition to IOP at one of our clinic locations.

Clinic Services

PrairieCare Medical Group Clinics are open Monday through Friday from 8:00 a.m. to 4:30 p.m. Our medical secretary would be happy to assist you in scheduling an appointment to meet with one of our providers.

Services offered by a wide variety of professionals including:

- Child and Adolescent Psychiatrists
- Adult Psychiatrists
- Marriage and Family Therapists
- Psychologists
- Neuropsychologists
- Individual Therapists

Services are provided by the following professionals

- Psychiatrists
- Therapists
- Licensed Independent Clinical Social Workers
- Nurses

Treatment is provided through the following ways

- Psychiatric Medication Management
- Evaluation and Diagnosis
- Psychological Evaluation
- Neuropsychological Evaluation
- Grief and Trauma Therapy
- Marriage and Family Therapy
- Individual Therapy
- Group Therapy

To learn more, please call us:
Toll Free 888-9-PRAIRIE
(888-977-2474)