PrairieCare Medical Group (PCMCG) is comprised of approximately 1,000 clinicians including one of the region’s largest teams of child and adolescent psychiatrists. These clinicians ensure PrairieCare’s unsurpassed clinical excellence and provide a range of services for patients of all ages at sites in Brooklyn Park, Chaska, Eden, Mankato, Maplewood, Minneapolis, Rochester, and Woodbury. Although PublicCare and PCMCG are separate legal entities, they are closely coordinated and operate together in advancing the shared mission, vision, and values.

PrairieCare does not discriminate against any person on the basis of race, national origin, gender, disability, age or any other condition that might result in being excluded from participation in its programs, services and activities, or in being charged a different rate for participation than residents in the State.

For further information about this policy, contact John Ryan, PrairieCare Compliance Office at jryan@prairie-care.com or 763.762.8600.

ACCESSING MENTAL HEALTH CARE
FREE NEEDS ASSESSMENT
It all starts with a phone call... PrairieCare provides Free Needs Assessments to anyone seeking mental health care.

What is a Needs Assessment? An interview with a specially prepared counselor about mental health concerns, family history, and how symptoms are affecting the patient’s life.

Who should get a Needs Assessment? Anyone with mental health concerns. A Needs Assessment is designed to help people with mental health concerns identify the services that would be most helpful given their circumstances.

How much does it cost? Your Needs Assessment is free. PrairieCare staff will work with your insurance company regarding the cost of the program materials. We encourage families to contact their insurance provider to ask more about specific program coverage.

Where do Needs Assessments take place?

FOR CHILDREN & TEENS
FOR ADULTS
Brooklyn Park
Chaska
Edina
Maplewood
Mankato
Rochester
Woodbury

TREATMENT OPTIONS

- Medication
- Psychotherapy
- Psychoeducation
- Group and Individual Therapy
- Promoting Healthy Emotions Program (HELP) Class
- Parent Group/Parent-Child Activity
- School Programs
- Intensive Outpatient Program (IOP)

MEDICATION MANAGEMENT

- Antipsychotics
- Antidepressants
- Mood Stabilizers
- Sleep medications

COMMUNITY RESOURCES

- Youth Self-Help Group
- Suicide Prevention
- Mental Health First Aid

Join PrairieCare Medical Group’s Health Care Team
888-9-prairie
prairie-care.com

Providing Each Individual Patient the Psychiatric Care They Truly Need

Joint Commission Accredited Inpatient and Partial Hospitalization

A University of Minnesota Medical School Affiliate