



PrairieCare

Providing each individual patient the psychiatric care they truly need, providing specialized psychiatric services for all ages since 2005.

We are one of the nation's largest providers of premier psychiatric services offering a continuum of mental health services to the Twin Cities metro area, Rochester, and Mankato.

We offer *help* and *hope* at PrairieCare.
To start your journey, schedule an appointment,
or have a no cost mental health screening.

Call 952-826-8475



Joint Commission accredited Inpatient Hospital,
Partial Hospital, & Residential

Mental Health is
REAL. COMMON. TREATABLE.

prairie-care.com

Assessment and Intake Department (AID) offers help for patients to move forward in their mental health journey including our no cost phone mental health screening. We welcome direct referrals from mental health professionals to all levels of care.

Outpatient Clinic Services offer therapy, medication management, and a variety of specialty services including Transcranial Magnetic Stimulation (TMS), play therapy, Accelerated Resolution Therapy, Integrative Health, Neuropsychological/Psychological testing, Marriage and Family Therapy, and Art therapy.

Intensive Outpatient Programs (IOP) offer a higher level of care than outpatient services where programming is offered four or five days per week, for a three hour duration per day over a span of weeks. Programming is offered for adolescents, starting around age 11, and adults starting at 18. Patient's will participate and learn a variety of skills through psychoeducation and the opportunity to process their emotions and thoughts in a group format.

Partial Hospitalization Program (PHP) offers crisis stabilization, specialized psychiatric assessment, and intensive therapeutic services in a coordinated and structured environment. Patients who qualify for PHP services have been experiencing significant difficulties in their functioning at school, home, work, and/or in the community.

Inpatient Hospitalization offers a short-term hospitalization focused on safety and stabilization of the patient. The goal of the hospitalization is to address acute safety concerns. The inpatient hospital program provides active and intensive therapeutic services in a coordinated, structured and supportive environment.

Residential Services offer a licensed Mental Health Residential treatment program for male and female adolescents ages 10 to 18. PrairieCare Residential maintains an average length of stay between two to four months depending on the complexity of the needs of each youth in program.

For full a full overview of our programs, visit our website.

DIVERSITY

At PrairieCare diversity is the sum of our visible and invisible identities; including race, ethnicity, socioeconomic status, class, sexuality, gender, age, religion and ability. Every person has a valuable perspective, shaped by individual life experience, all of which makes us similar to and unique from one another.

INCLUSION

We welcome and value the diversity of our patients, families, co-workers and community. We intentionally engage and leverage these differences in ways that increase contributions and opportunities for all people. Safety, humility and integrity will guide us as we live our mission, vision and values.